

The President's Award Portfolio

NAME of Participant:-

SCHOOL/ORGANISATION:-



LEVEL:-

Date of enrolment:-

Date of submission for assessment:-

Proud to be

**THE DUKE OF EDINBURGH'S
INTERNATIONAL AWARD**

In South Africa



Notes and Guidelines for Participants

- Learners are expected to keep a record and log all of their activities in each of the sections of the President's Award.
- Evidence of participation and achievement (certificates, awards, testimonies etc.) should be submitted with your portfolio as well as signed comments from the adult who supervised or assessed the activity. (assessor's report)
- ***NB. Parents of participants are not allowed to sign off on activities***
- Please ensure that you are aware of the requirements for the particular level and adhere to these minimum requirements.
- Attach photographs for each section if possible.
- No more than 4hours of Community service a day will be accepted
- Please complete and sign the declaration on the final page.

Bronze level

1. For those over 14 and under 25 years.
2. Minimum of 6 months for completion.
3. The participant must complete the requirements in each of the four Sections below:



Service	Physical Recreation	Skills & Interest
At least 24 hours spread over 3 months.	Regular effort and improvement spread over 3 months.	Regular effort and improvement spread over 3 months.

PARTICIPANTS MUST DO AN ADDITIONAL 3 MONTHS IN ONE OF THESE 3 SECTIONS

Silver level

1. For those over 15 and under 25 years.
2. A direct entry to Silver level can only be made at the minimum age of 15.
3. Minimum of 6 months for completion for Bronze Award Holders and 12 months for direct entrants.
4. The participant must complete the requirements in each of the four Sections below:



Service	Physical Recreation	Skills & Interest
At least 48 hours spread over 6 months.	Regular effort and improvement spread over 6 months.	Regular effort and improvement spread over 6 months.

DIRECT ENTRANTS MUST DO AN ADDITIONAL 6 MONTHS IN ONE OF THESE 3 SECTIONS

Gold level

1. For those over 16 and under 25 years.
2. A direct entry to Gold level can only be made at the minimum age of 16.
3. Minimum of 12 months for completion for a participant who has achieved both Bronze and Silver Awards and 18 months for Bronze Award Holders and direct entrants.
4. The participant must complete the requirements in each of the four Sections below:



Service	Physical Recreation	Skills & Interest	Residential Project
At least 72 hours spread over 12 months AND a compulsory Residential Project of 5 consecutive days or more.	Regular effort and improvement spread over 12 months.	Regular effort and improvement spread over 12 months.	A compulsory residential project of at least 5 consecutive days must be completed

Adventurous Journey

Minimum requirements:
2 days and 1 night.
6 hours planned activity each day in a group of people

Walk	- 24km	or
Cycling	- 80km	or
Horseback	- 48km	or
Canoeing/Rowing	- 4 hrs per day	or
Sailing	- 6 hrs per day	



Adventurous Journey

Minimum requirements:
3 days and 2 nights.
7 hours planned activity each day in a group of people

Walk	- 48km	or
Cycling	- 148km	or
Horseback	- 96km	or
Canoeing/Rowing	- 5 hrs per day	or
Sailing	- 7 hrs per day	

*challenging
young people
everywhere*

Adventurous Journey

Minimum requirements:
4 days and 3 nights.
8 hours planned activity each day in a group of people

Walk	- 80km	or
Cycling	- 225km	or
Horseback	- 160km	or
Canoeing/Rowing	- 6 hrs per day	or
Sailing	- 8 hrs per day	

LOTTERY

Service

To learn how to give useful service to others.

My goals for Service?

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Who did I help?

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Why did I choose this for my service?

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What did I learn through doing this service?

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Assessors report:-

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Signature:-Date.....

Attach any photographs you may have taken to each section.

Service Record Sheet

Date	Hr/m	Name of Organisation & Contact Number	Type of Service Activity undertaken	Supervisor's Name	Signature
Total Hours					

The best way to find yourself is to lose yourself in the service of others. Mahatma Gandhi

Attach Photos here (Service/s)

Skills

To encourage the development of personal interests and practical skills.

Description of my skill/skills.

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Who did I learn this skill from?.....

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Why did I choose this for my skill?

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How will I use this skill in the future?

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Assessors report:-

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Signature: -Date.....

Skill(s) Log Sheet

Date	Hr/m	Skill (s) offered by (name of organisation/school & contact number)	Skill undertaken	Supervisor's Name	Signature
<u>Total Hours</u>					

Attach Photos here (Skill/s)

Physical Recreation/Sport

To encourage participation in physical recreation and *improvement* of performance.

Description of the Physical recreation/sport:-

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Why did I choose this for my Sport/physical recreation?.....

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What did I learn?

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How did I improve in my physical activity/sport?

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Assessors report:-

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Signature:-Date.....

Physical Recreation Log Sheet

Date	Hr/m	Club name & contact number	Activity/Sport undertaken	Coach's Name	Signature
Date	Hr/m			Coach's Name	Signature
Date	Hr/m			Coach's Name	Signature
Date	Hr/m			Coach's Name	Signature
Date	Hr/m			Coach's Name	Signature
Date	Hr/m			Coach's Name	Signature
Date	Hr/m			Coach's Name	Signature
Date	Hr/m			Coach's Name	Signature
<u>Total Hours</u>					

Attach Photos here (Physical Recreation)

Adventurous Journey

To encourage the spirit of adventure and discovery.

Dates for the Adventurous journey:-.....

Type of Adventurous journey:

Where was the Adventurous Journey undertaken?

Name of Service Provider:

Contact Number of Service Provider:

What did the adventurous journey entail?
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What did I learn?
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What have I learnt from this adventure/journey?
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Day to day description of journey (journal entry)

Day 1:

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Day 2:

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Day 3:

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Day 4:

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Assessors report:-

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Name of Assessor :-

Contact Number :-

Signature:-Date.....

Residential Project (Gold Only)

Broaden experience through involvement with others in a residential setting.

Description of the residential, with dates.

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What did the residential entail?

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Who did I stay with?

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What have I learnt from this residential?

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Assessors report:-

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Name of Assessor :-

Contact Number :-

Signature:-Date.....

Residential Project Logsheet

Date	Hr/m	Organisation & contact number	Type of Service Activity undertaken	Supervisor's Name	Signature
Date	Hr/m		Service undertaken	Supervisor's Name	Signature
Date	Hr/m		Service undertaken	Supervisor's Name	Signature
Date	Hr/m		Service undertaken	Supervisor's Name	Signature
Date	Hr/m		Service undertaken	Supervisor's Name	Signature
Date	Hr/m		Service undertaken	Supervisor's Name	Signature
Date	Hr/m		Service undertaken	Supervisor's Name	Signature
Date	Hr/m		Service undertaken	Supervisor's Name	Signature

Attach Photos here (Residential Project)

Reflections

Why did you sign up to do the President's Award programme?

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Would you recommend other young people to do The Award and why?

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What have you enjoyed most about doing The Programme?

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What was your biggest challenge in doing The Award?

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Any other Awards/certificates and accolades you have received during this level of The Award.

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Comments from Award Leader

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Declaration

I declare that all activities submitted for the President's Award in this portfolio to be my own work and does not involve plagiarism or teamwork other than that authorised in the general terms above or that authorised for any particular piece of work. I declare that all the above-mentioned statements and descriptions of events to be accurate and true, to the best of my knowledge.

Signed: _____

Participant

Date: _____

Place: _____